

Nature Week Itinerary

First Grade

INFO: This is a list of lesson plans that you can use to have a Nature Week at your school site. For each of the five days, there is a theme—plants, birds, mammals, recycling, field trip— and a list of activities that you can use to teach your class about them. To download the lesson plans, click on their titles back on the Sequoia Riverlands Trust website where you downloaded this document.

Day 1: Plants

1. “What is Nature?”
2. “Hawk vs. Lizard Tag”
3. “Tree Parts Song”
4. “Grow an Oak”
5. “Colorful Flowers”
6. “Soda Bottle Terrarium”
7. “Sustainable Living Week Journal”
 - a. “Sustainable Living Week Journal Page”

Day 2: Learning about Birds

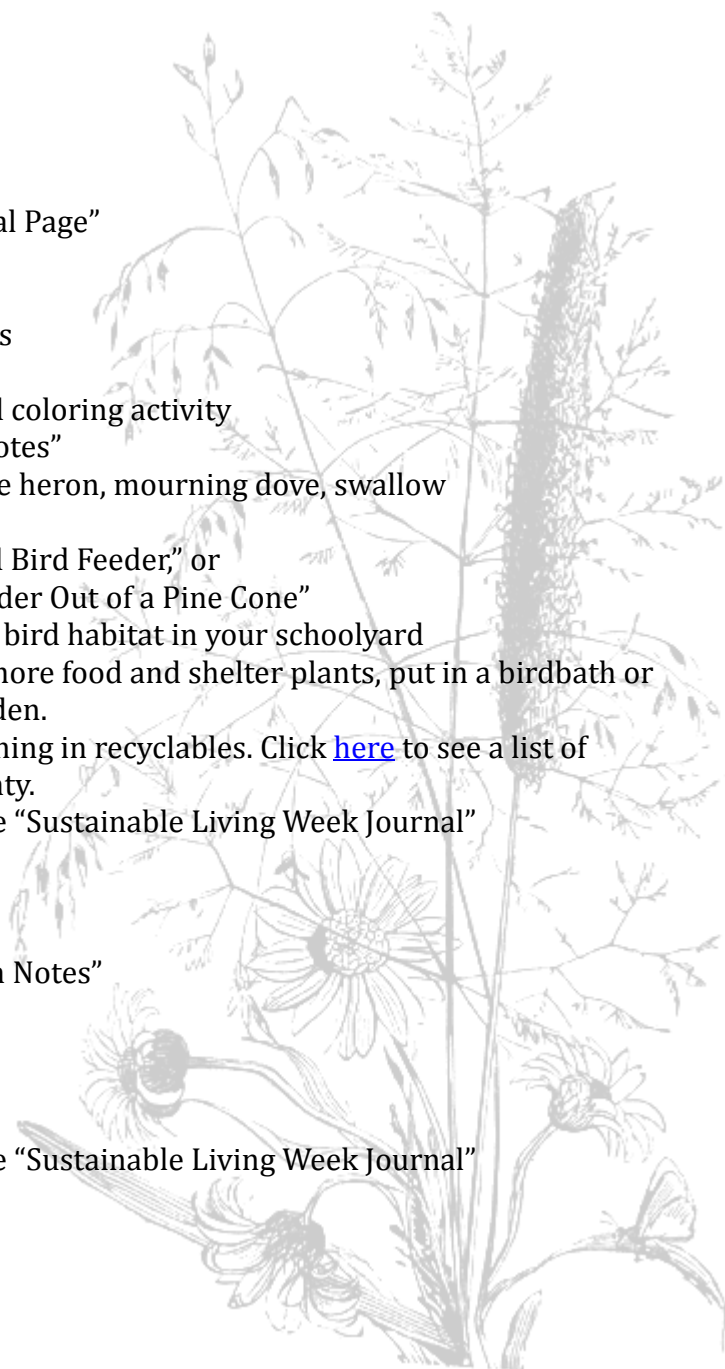
1. Check in on “Colorful Flowers” progress
2. “Birds in the Schoolyard”
 - a. “The Wild Birds” slide show and coloring activity
 - b. “The Wild Birds Presentation Notes”
 - c. Coloring pages: raven, great blue heron, mourning dove, swallow
 - d. Make a bird feeder:
 - i. “How to Make a Recycled Bird Feeder,” or
 - ii. “How to Make a Bird Feeder Out of a Pine Cone”
3. Brainstorm a group project to improve bird habitat in your schoolyard
 - a. Examples: pick up trash, plant more food and shelter plants, put in a birdbath or pond, plant a hummingbird garden.
 - b. Raise money for projects by turning in recyclables. Click [here](#) to see a list of recycling centers in Tulare County.
4. Check in on students’ progress with the “Sustainable Living Week Journal”

Day 3: Mammals

1. “Wildlife & Habitat” slide show
 - a. “Wildlife & Habitat Presentation Notes”
2. “Bat & Moth”
3. “Fox vs. Rabbit”
4. “Squirrels, squirrels, squirrels!”
5. Next steps in group project
6. Check in on students’ progress with the “Sustainable Living Week Journal”

Day 4: Recycling

1. “Solar Oven”
2. “Recycled Necklace”



3. "Stick Painting"
4. "Recycling Posters"
 - a. "Recycling Posters Coloring Page"
5. Next steps in group project
6. Check in on students' progress with the "Sustainable Living Week Journal"

Day 5: Field trip to Kaweah Oaks Preserve!

Reserve your spot by calling Laura at (559) 738-0211 x103! Or click [here](#) to fill out an online request form.